



# Mission Support Inc.

*Ability in crisis*

## Assisting Groups and Individuals in Crisis

*AT THE MOMENT OF TRUTH, YOU WILL NOT RISE TO THE LEVEL OF EXPECTATION,  
YOU WILL FALL TO THE LEVEL OF TRAINING.*

Ever found yourself dealing with people in crisis, following a man-made or natural event/incident?

Do you want to help but don't know quite what to do for the best?

Providing effective 'emotional first aid' to individuals, families, and communities in times of crisis is essential, and can help promote recovery. However, it requires specific training, skills and understanding of the unique role of the crisis responder in order to do no harm.



This 2 day course is suitable for anyone, eg. Business & Industry, Disaster Response, Education, Emergency Services, Healthcare, Mental Health, Spiritual Care, who desires to develop or increase their knowledge of crisis intervention techniques.

It will look at:

- Nature of human crisis
- Signs and symptoms of the crisis state
- Common intervention Mistakes
- Nature of crisis intervention
- Strategic intervention planning
- Resistance, resiliency, recovery continuum

And consider several interventions, including core elements of a proven Comprehensive, Integrated, Systematic and Multi-component crisis management system. These can be used for both for individuals and groups – from 4 or 5 people up to a whole community – and emphasise the need for appropriate follow-up and referral.

The program is based on a curriculum developed over many years by the International Critical Incident Stress Foundation. It is used successfully by many global crisis response organisations, such as United Nations, Salvation Army and World Vision, and also locally by Australian emergency services and crisis/disaster response agencies.

**Venue** : Revival Central Hall, Laburnum Street, Morwell  
 Friday 24 and Saturday 25 November 8.45 – 4.15

**Cost** : \$200.00

**Trainer** : Dr. Phil Ohman

Phil is an experienced emergency services and disaster response Chaplain and has provided extensive Critical Incident and chaplaincy support following events both in Australia and overseas. Phil holds several international accreditations in the fields of traumatic stress and crisis chaplaincy.

Further information or to register contact: **02 6140 3423** or 0422 309 455  
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